

BODY MASS INDEX (BMI)

WHAT IS IT?

This quality measure evaluates that BMI was documented during the current or past 12 months.

- Normal range is 18.5–24.9 kg/m²

Follow up plan recorded if BMI is outside normal parameters.

- Nutrition counseling.
- Referral to specialists (e.g., dietitians, exercise physiologists)
- Pharmacological interventions or dietary supplements.
- Behavioral or exercise therapy.

WHY DOES EQIP USE IT?

- Addresses obesity and underweight issues to prevent related complications like diabetes, cardiovascular diseases, and malnutrition.
- Supports the goal of population health improvement and healthcare cost reduction through preventive care.

HOW ARE YOU SCORED?

Denominator: Patients aged 18+ with an eligible encounter during the measurement period (specific CPT/HCPCS codes). Exclusions:

- Patients in hospice or palliative care.
- Pregnant patients.

Numerator: BMI documented as:

- Normal: No follow-up plan required.
- Above or Below Normal: Follow-up plan documented for the current or prior 12 months.

WHAT ARE THE SUBMISSION CODES?

- **G8420:** BMI within normal range, no follow-up needed (Performance Met).
- **G8417:** BMI above normal, follow-up documented (Performance Met).
- **G8418:** BMI below normal, follow-up documented (Performance Met).
- **G2181:** BMI not documented due to patient refusal or medical reasons (Exceptions / Non-Compliance).
- **G8419:** BMI outside normal range, no flow-up documented, no reason given (Exception / Non-Compliance).

